



**2017**

**Cross Country Master Harriers of the Year**

**Cross Country Running Council**

**Masters Long Distance Running Committee**



## **Cross Country Master Harriers of the Year Award**

At the Annual Meeting of USATF, the Cross Country Council shall select one male and one female athlete to receive the USATF Cross Country Master Harriers of the Year Award for the defined award year.

### **Eligibility:**

This award is open to all USATF member Master athletes (ages 40+) who have competed in at least one of the USATF National Master Cross Country Championships in the defined award year. The award year shall be defined as that period of time between Annual Meetings of USATF.

### **Criteria:**

Selection shall be based on the age-graded results of all the USATF National Master Cross Country Championships held between USATF Annual Meetings. Results from WMA World and Regional Cross Country Championships and USATF Regional Cross Country Championships may be considered at the discretion of the Cross Country Council. Care must be taken when considering age-graded results to compare each championship race as a separate event and not to rate one race's results against another due to differences in conditions (i.e., terrain, accuracy of measurement, weather, etc.).

### **Selection and Award:**

Nominations and age-graded results from the USATF National Master Cross Country Championships being considered shall be provided to the Cross Country Council Executive Committee by the Masters LDR Cross Country Rep. Selection shall be made by a majority vote of the USATF Cross Country Council Executive Committee. The award winners will then be announced to the USATF Masters LDR Committee. An appropriate award shall be presented to each of the male and female winners from the USATF Masters LDR Committee.

### **2017 Award Selection Events:**

- 2016 USATF National Club Cross Country Championships  
Apalachee Regional Park, Tallahassee, FL, December 10, 2016
- 2017 USA Cross Country Championships  
River's Edge GC, Bend, OR, February 4, 2017
- 2017 USATF Masters 5km Cross Country Championships\*  
Franklin Park, Boston, MA, October 15, 2017
- World Masters Athletics (WMA) Indoor Championships, Non-Stadia 8k XC  
Daegu, South Korea, March 19-25, 2017
- NCCWMA Regional Championships, (North and Central America and Caribbean Region of World Masters Athletics),  
Toronto, Canada, August 11-13, 2017 – Non-Stadia events canceled.



### USATF Cross Country Masters Harrier of the Year Award

The USATF Cross Country Council shall select one male and one female athlete at the Annual Meeting to receive the *USATF Cross Country Masters Harrier of the Year Award* for that year.

#### Past Winners

<u>Year</u>	<u>Women's Winner</u>	<u>Men's Winner</u>
2000	Carolyn Smith-Hanna	Tom Dalton
2001	Carolyn Smith-Hanna & Joan Ottaway	Tom Dalton
2002	Kathryn Martin	Tom Dalton
2003	Shirley Matson & Kathryn Martin	Tom Dalton & Robert Winn
2004	Kathryn Martin	Tom Dalton
2005	Carmen Ayala-Troncoso	David O'Keeffe
2006	Kathryn Martin	David O'Keeffe
2007	Kathryn Martin	Peter Magill
2008	Kathryn Martin	Peter Magill
2009	Carmen Ayala-Troncoso	Simon Gutierrez
2010	Carmen Ayala-Troncoso	Rick Becker
2011	Kathryn Martin	Peter Magill
2012	Kathryn Martin	Matt Ebiner
2013	Carmen Ayala-Troncoso	Peter Magill & Ray Pugsley
2014	Kathryn Martin	Simon Gutierrez
2015	Kathryn Martin	Peter Magill
2016	Kathryn Martin	Rick Becker

#### 2017 Nominees:

Runners-up Women:

Runners-up Men:

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**2016 USATF National Club Cross Country Championships**  
**December 10, 2016**  
**Apalachee Regional Park, Tallahassee, FL**

Master Men's 60+ 8k XC

Place	Name	Age	Club	8k	Age%
1	John Barbour	62	Greater Lowell Road	29:41	89.38
2	Brian Pilcher	60	Tamalpa Runners Inc.	29:37	87.99
3	Doug Bell	66	Boulder Road Runners	31:37	87.06
4	David Blankenship	67	Santa Cruz TC	32:34	85.33
5	Dan Spale	60	Boulder Road Runners	30:33	85.30
6	Doug Winn	66	Bowerman TC	32:27	84.82
7	Mark Rybinski	61	Genesee Valley Harri	31:02	84.72
8	Mark Richtman	61	Tamalpa Runners Inc.	31:05	84.59
9	Ronald Wells	70	Florida TC/West	34:04	84.08
10	Gary Radford	60	Genesee Valley Harri	31:04	83.89

Master Men's 40+ 10k XC

Place	Name	Age	Club	10k	Age%
1	Peter Magill	55	Cal Coast TC	34:13	91.66
2	Nat Larson	54	Greater Springfield	34:05	91.21
3	Kevin Castille	44	Unattached	31:29	90.84
4	Peter Hammer	50	Boston Athletic Asso	33:28	89.77
5	Kerry Barnett	56	Playmakers Elite/New	35:37	88.83
6	Mark Hixson	51	Greater Springfield	34:10	88.68
7	Kristian Blaich	50	Atlanta TC	34:07	88.06
8	Carl Combs	51	Club Northwest	34:25	88.03
9	Pete Bottomley	55	Dirigo R.C.	35:42	87.85
10	Sandu Rebenciuc	47	Greater Springfield	33:27	87.61

Master Women's 6k XC

Place	Name	Age	Club	6k	Age%
1	Sabra Harvey	67	Unattached	25:26	97.10
2	Kathryn Martin	65	Northport Running Cl	25:42	93.53
3	Marisa Sutera Strange	53	Athena TC	23:00	90.08
4	Trish Butler	54	New Balance Tampa Ma	23:27	89.37
5	Liisa Miller	51	Santa Cruz TC	23:10	87.41
6	Susan Cooke	57	New Balance Tampa Ma	24:51	87.39
7	Kathleen Cushing-Murr	51	The Janes Elite Raci	23:14	87.16
8	Katherine Wolski	50	So Cal TC	23:13	86.25
9	Joan Mabe	54	Bull City TC	24:18	86.25
10	Sonja Friend-Uhl	45	Atlanta TC	22:15	85.48

**2017 USATF Cross Country Championships**  
**February 4, 2017**  
**River's Edge GC, Bend, OR**

Master Women's 6k XC

Place	Name	Age	Club	Hometown	Age%	Pl	Time
1	Susan Hay	53	Team Red Lizard	Portland OR	84.32	4	24:57
2	Marisa Suter Strange	53	Athena Track Club	Pleasant Valley NY	83.46	5	25:13
3	Tania Fischer	50	The Janes Elite	Santa Monica CA	81.35	3	24:55
4	Jeanette Groesz	67	Team Red Lizard	Redmond OR	80.08	40	32:01
5	Kirsten Leetch	51	The Janes Elite	Redondo Beach CA	79.08	9	25:57
6	Melody Fairchild	43	Boulder Mtn W	Boulder CO	78.53	1	24:02
7	Jo Anne Rowland	68	Impala Racing	Concord CA	78.50	42	33:11
8	Gail Hall	57	Club Northwest	Bothell WA	77.90	27	28:28
9	Katherine MacTavish	54	Team Red Lizard	Corvallis OR	77.78	20	27:24
10	Grace Padilla	45	So Cal Roadrunners	Highland CA	77.22	2	24:52

Master Men's 8k XC

Place	Name	Age	Club	Hometown	Age%	Pl	Time
1	Jacques Sallberg	42	Unattached	Pasadena CA	86.00	1	26:29
2	Joe Sheeran	59	Unattached	Ellensburg WA	85.62	18	30:32
3	Peter Magill	55	Cal Coast TC	South Pasadena CA	82.95	17	30:27
4	Matthew Farley	49	Bowerman TC	Portland OR	82.83	6	29:02
5	John Gardiner	44	Cal Coast TC	Rancho SantaMarCA	82.25	3	28:07
6	John Howell	43	Bowerman TC	Hillsboro OR	82.02	2	27:59
7	Mike Blackmore	55	Bowerman TC	Eugene OR	81.30	29	31:04
8	Ignacio Jimenez	67	rabbit racing	Santa Barbara CA	81.27	55	34:34
9	Gregory Mitchell	43	Bowerman TC	McMinnville OR	80.67	5	28:27
10	Robert Arsenault	51	Cal Coast TC	Riverside CA	80.43	16	30:23

**2017 USATF MASTERS CROSS COUNTRY CHAMPIONSHIP**  
**Franklin Park - Boston, MA, October 15, 2017**

Women's 5k Age Graded Results

Place	Name	Ag	S	Time	Age%
1	KATHRYN MARTIN	66	F	21:23	93.53
2	MARISA SUTERA STRAN	54	F	19:24	89.05
3	TRISH BUTLER	55	F	20:23	85.72
4	KARA PARKER	48	F	19:14	84.08
5	MO BARTLEY	62	F	22:49	83.27
6	LINDA BEGLEY	58	F	21:47	83.07
7	LORRAINE JASPER	56	F	21:19	82.92
8	KARYL SARGENT	54	F	20:51	82.85
9	CHARLOTTE RIZZO	55	F	21:17	82.10
10	JANET MCDEVITT	44	F	19:07	81.52

Men's 40+ 5k Age Graded Results

Place	Name	Ag	S	Time	Age%
1	NAT LARSON	55	M	16:56	90.57
2	PETER HAMMER	51	M	16:44	88.84
3	KENT LEMME	50	M	16:47	87.90
4	PETE BOTTOMLEY	56	M	17:47	86.92
5	MICHAEL DOLAN	50	M	17:04	86.44
6	TODD COFFIN	56	M	18:05	85.48
7	JOHN SULLIVAN	57	M	18:22	84.84
8	MARK REEDER	58	M	18:31	84.84
9	GARY LEAMAN	58	M	18:34	84.61
10	AARON PRICE	40	M	16:15	84.36

Men's 60+ 5k Age Graded Results

Place	Name	Ag	S	Time	Age%	
1	JOHN BARBOUR	63	M	18:30	88.50	
2	KEN YOUNGERS	61	M	19:17	83.49	
3	RENO STIRRAT	63	M	19:51	82.48	
4	TOM RYAN	62	M	19:42	82.41	
5	BOB MCCUSKER	65	M	20:33	81.04	
6	DAVE GLASS	71	M	21:53	16:04	80.79
7	KEVIN DOLLARD	62	M	20:21	16:17	79.78
8	ROBERT REYNOLDS	60	M	20:01	16:17	79.77
9	KIRK LARSON	66	M	21:10	16:21	79.36
10	JAMES WILSON	65	M	21:03	16:24	79.12

**World Masters Athletics (WMA) Indoor World Championships**  
**Daegu, South Korea**  
**March 19-25, 2017**

8k Cross Country

1	Martin, Kathryn	W65 United States	34:22.32
4	Key, Latashia	W44 United States	37:30.00
3	Klein, Tina	W51 United States	36:40.00
3	Frable, Kathleen	W71 United States	47:26.00
8	Knowles, Thomas	M41 United States	28:28.00
13	Weiner, Robert	M69 United States	48:49.00

W50 Teams

1	Great Britain	1:49:32
	50675 Pidgeon Jane	35:30
	50150 Gibson Tracey	36:49
	50685 Ramage Sharyn	37:13
2	United States	1:58:29
	65140 Martin Kathryn	34:23
	50426 Klein Tina	36:40
	70026 Frable Kathleen	47:26